

#1960 Summary

[SUMMARY](#) [REVIEW](#) [EDITING](#)

Submission

Authors	Alfrida Monica Salasa, St Ratnah
Title	HUBUNGAN KANDUNGAN TOTAL POLIFENOL DAN FLAVONOID DENGAN POTENSI ANTIMIKROBA LIMBAH KANGKUNG DAN BAYAM TERHADAP PERTUMBUHAN BAKTERI PENYEBAB INFIEKSI NOSOKOMIAL
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Title and Abstract

Title HUBUNGAN KANDUNGAN TOTAL POLIFENOL DAN FLAVONOID DENGAN POTENSI ANTIMIKROBA LIMBAH KANGKUNG DAN BAYAM TERHADAP PERTUMBUHAN BAKTERI PENYEBAB INFIEKSI NOSOKOMIAL

Abstract

Correlation Between Total Polyphenol And Flavonoid Contents With Antimicrobial Potential Of Kale And Spinach Waste Against Bacterial Growth Causing Nosocomial Infection

Spinach and kale are vegetables that are widely consumed by the public. However, parts of the plant that are not consumed are discarded and end up as household organic waste. Therefore, this research aims to determine the total polyphenol and flavonoid levels, as well as the potential of household organic waste as an antimicrobial cause of nosocomial infections. The household organic waste used in this research were untreated and waste parts of kale and spinach, extracted by the extraction method and then dried using a freeze dryer. Furthermore, the total polyphenol content was determined using the *Folin-Ciocalteau* method, the total flavonoids with AlCl₃ reagent, and the antimicrobial potential using the agar diffusion method. The results showed that the total polyphenol content in kale and spinach waste were 4.67 and 3.91 mg GAE / gram extract respectively. Water spinach and spinach waste do not contain flavonoids, meanwhile, kale and spinach waste have antimicrobial potential against *Pseudomonas aeruginosa* and *Staphylococcus aureus*. The statistical results showed that there was a relationship between the total polyphenol content and the antimicrobial potential of Kale and spinach waste extracts, the higher the concentration of the extract the greater the inhibition against *Pseudomonas aeruginosa* and *Staphylococcus aureus*.

Keywords : Total polyphenols, total flavonoids, antimicrobial potential, organic household waste, nosocomial infections.

Bayam dan kangkung merupakan sayuran yang sering dikonsumsi masyarakat namun bagian tanaman yang tidak dikonsumsi dibuang dan berakhir sebagai limbah rumah tangga organik. Tujuan penelitian ini adalah untuk menentukan kandungan total polifenol dan total flavonoid, menentukan potensi limbah rumah tangga organik sebagai antimikroba penyebab infeksi nosokomial serta menentukan hubungan kandungan total polifenol dan kandungan total flavonoid terhadap potensi antimikroba limbah rumah tangga terhadap pertumbuhan bakteri penyebab nosokomial. Limbah rumah tangga organik yang digunakan adalah bagian kangkung dan bayam yang tidak diolah dan dikonsumsi, diekstraksi dengan metode perasan kemudian dikeringkan dengan menggunakan *freeze dryer*. Selanjutnya dilakukan uji kandungan total polifenol dengan metode *Folin-Ciocalteau* dan total flavonoid dengan pereaksi AlCl₃, penentuan potensi antimikroba dengan metode difusi agar. Hasil yang diperoleh kandungan total polifenol pada limbah kangkung sebesar 4,67 mg GAE/gram ekstrak sedangkan untuk Ekstrak limbah Bayam sebesar 3,91 mg GAE/gram ekstrak. Limbah Kangkung dan Bayam tidak mengandung senyawa flavonoid. Limbah Kangkung dan Bayam memiliki potensi antimikroba terhadap *Pseudomonas aeruginosa* dan *Staphylococcus aureus*. Hasil uji statistik menunjukkan Terdapat hubungan antara kandungan total polifenol dengan potensi antimikroba ekstrak limbah Kangkung dan Bayam dimana semakin tinggi konsentrasi ekstrak semakin besar daya hambatnya terhadap *Pseudomonas aeruginosa* dan *Staphylococcus aureus*.

Kata Kunci : Total polifenol, total flavonoid, potensi antimikroba, limbah rumah tangga organik, infeksi nosokomial.

Indexing

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Language en

Supporting Agencies

Agencies —

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Yuliana, A., Albert, 2013, Aktivitas Kangkung Air (*Ipomoea aquatic* Forssk.) Terhadap Jamur Pityrosporum ovale Hasil Isolasi Secara In Vitro, Jurnal Kesehatan Bakti Tunas Husada.

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#1960 Review

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Section	Articles
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Editor	Sisilia Dewi

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